

					%	PB
Moscow					3	
	, 2011 (14),				3	
100m		2.	1:10.57	321	1:29.09	159%
50m		2.	31.47	330	32.29	105%
100m		6.	1:12.95	308	1:14.46	104%
	, 2016 (9),					-
50m		2.	49.12	91	47.80	95%
NeoSwim ()				4	
	, 2015 (10),				3	
50m		6.	38.14	147	37.00	94%
50m		3.	43.61	130	44.00	102%
50m		3.	50.87	117	50.00	97%
50m		2.	41.84	140	46.00	121%
100m		3.	1:36.34	133	1:41.00	110%
	, 2014 (11),					1
50m		6.	38.44	212	36.30	89%
50m		3.	43.25	198	43.50	101%
	, 2015 (10),					1
50m		1.	35.53	182	36.00	103%
50m		1.	43.07	135	41.00	91%
50m		2.	50.77	118	50.00	97%
50m		1.	40.09	159	39.00	95%
"	" "				2	
	, 2010 (15),				1	
50m		2.	31.19	397	31.60	103%
50m		2.	35.15	333	34.49	96%
100m		5.	1:23.91	305	1:21.89	95%
	, 2010 (15),					-
50m		3.	28.13	368	27.67	97%
50m		2.	33.91	277	32.51	92%
100m		7.	1:14.77	286	1:12.85	95%
	, 2008 (17),					-
50m		3.	38.06	281	37.59	98%
200m		2.	3:20.13	216	3:18.70	99%
100m		3.	1:26.09	187	1:23.55	94%
	, 2014 (11),					-
50m		2.	43.50	131	40.69	87%
100m		1.	1:33.42	138	1:31.00	95%
100m		3.	1:34.43	142	1:33.12	97%
	, 2014 (11),					1
50m		2.	35.83	262	36.06	101%
50m		4.	44.99	176	42.18	88%
	, 2010 (15),					-
50m		5.	29.14	331	28.09	93%
50m		1.	31.42	331	31.41	100%
100m		8.	1:16.74	264	1:13.77	92%

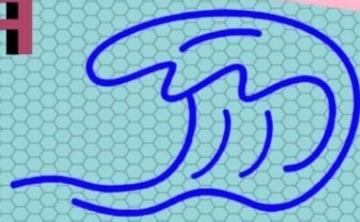
<https://aquaolymp.ru/>

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ВОЛНА

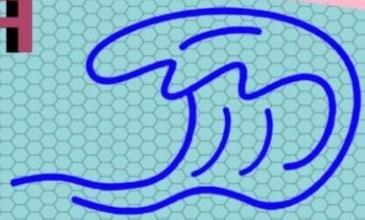
06.12.2025 – 2 этап



50m			2.	31.06	402	30.39
50m			1.	32.82	409	32.21
100m			3.	1:21.17	337	1:19.50
	«	»				
100m		, 2006 (19),	EXH	1:12.32	437	1:09.80
200m		, 2015 (10),		2.	3:43.75	154
100m				1.	1:34.87	140
50m		, 2016 (9),		3.	58.15	78
100m				3.	1:44.56	104
50m		, 2011 (14),		3.	33.35	325
50m				3.	39.02	243
100m				6.	1:27.73	267
50m		, 2012 (13),		1.	29.65	462
50m				1.	35.36	516
200m				1.	2:48.37	510
	"	"				
50m		, 2017 (8),		4.	49.08	69
50m		, 2014 (11),		5.	48.42	141
100m				2.	1:45.86	139
800m		, 2011 (14),	WDR		-	12:20.00
50m		, 2012 (13),		1.	37.12	314
100m				1.	1:20.15	321
100m				7.	1:23.97	304
800m		, 2015 (10),		6.	14:24.73	132
800m		, 2014 (11),		1.	11:51.70	301
800m		, 2011 (14),		4.	11:47.79	240
800m		, 2014 (11),		2.	12:45.95	242
50m		, 2012 (13),		2.	28.79	343
50m				2.	33.43	289
100m				1.	1:09.77	332
800m		, 2011 (14),		1.	10:52.12	308

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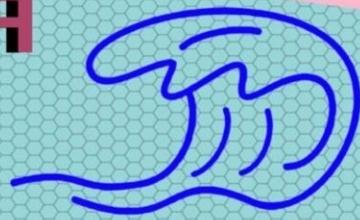
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800m	, 2011 (14),		2.	11:10.56	283	11:30.00	106%
	, 2010 (15),		1.	35.19	356	36.00	105%
50m			2.	2:58.85	303	3:01.00	102%
200m			4.	1:10.36	343	1:10.00	99%
100m	, 2012 (13),		2.	1:23.50	284	1:23.00	99%
100m			2.	36.94	287	35.00	90%
50m			6.	1:22.04	326	1:22.00	100%
100m	, 2010 (15),		1.	31.30	352	31.20	99%
50m			1.	1:09.66	333	1:07.30	93%
100m			2.	1:08.58	371	1:07.80	98%
50m	, 2012 (13),		4.	40.45	218	42.00	108%
100m			9.	1:29.48	251	1:34.00	110%
800m	, 2013 (12),		1.	10:59.84	378	11:40.00	113%
200m	, 2011 (14),		3.	3:12.93	241	3:22.58	110%
200m	, 2012 (13),		1.	31.93	332	33.90	113%
50m			2.	1:11.84	304	1:12.40	102%
100m			2.	1:15.74	275	1:16.00	101%
200m	, 2013 (12),		1.	3:21.05	213	3:19.00	98%
50m			2.	39.11	171	35.00	80%
100m			1.	1:22.04	216	1:23.50	104%
800m	, 2013 (12),		4.	13:31.20	160	12:40.00	88%
50m	, 2012 (13),		1.	28.65	348	29.50	106%
50m			1.	29.84	387	30.00	101%
100m			1.	1:12.30	316	1:12.00	99%
800m	, 2014 (11),			WDR		13:00.00	-
800m	, 2013 (12),			WDR		12:20.00	-
800m	, 2010 (15),			WDR		11:15.00	-
800m	, 2014 (11),		3.	12:58.66	230	13:30.00	108%
800m	, 2017 (8),						-
50m			1.	41.63	113	46.00	122%
50m			1.	44.47	122	44.00	98%
100m			1.	1:35.93	127	1:50.00	131%
50m	, 2015 (10),		2.	47.05	154	47.00	100%
50m			1.	44.24	167	47.00	113%
100m			2.	1:37.43	195	1:38.00	101%
800m	, 2011 (14),			WDR		12:00.00	-
800m	, 2012 (13),		3.	12:19.52	211	12:45.00	107%
800m	, 2014 (11),		4.	13:39.02	155	15:35.00	130%

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, 2008 (17),

50m	3.	37.36	437	37.10	99%
200m	2.	3:00.86	411	3:00.00	99%
50m	3.	34.80	343	33.80	94%

" " . , 2016 (9),

50m	3.	39.93	128	42.00	111%
100m	1.	1:32.25	143	1:41.00	120%
50m	2.	47.66	95	50.00	110%
100m	2.	1:40.90	116	1:46.00	110%

, 2012 (13),
50m , 2013 (12),

50m	5.	33.64	215	29.00	74%
50m	4.	36.76	207	35.00	91%
100m	6.	1:27.72	177	1:28.00	101%

, 2016 (9),
50m , 2016 (9),

50m	2.	32.67	234	32.00	96%
50m	3.	39.38	176	37.00	88%
100m	2.	1:20.47	216	1:22.00	104%

, 2016 (9),
50m , 2015 (10),

50m	1.	38.28	146	38.40	101%
50m	1.	44.21	125	46.90	113%
50m	2.	48.23	138	47.10	95%
200m	1.	3:47.60	147	3:46.64	99%

, 2015 (10),
50m , 2014 (11),

50m	WDR		-	42.00	-
50m	WDR		-	41.00	-
100m	WDR		-	1:32.57	-

, 2016 (9),
50m , 2015 (10),

50m	2.	11:51.59	237	12:45.00	116%
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, 2016 (9),
50m , 2015 (10),

50m	2.	41.11	173	40.00	95%
50m	2.	44.59	181	41.00	85%
100m	1.	1:36.83	182	1:30.00	86%
50m	2.	52.80	155	50.00	90%

, 2015 (10),
50m , 2014 (11),

50m	3.	36.04	175	34.00	89%
50m	4.	45.27	110	42.00	86%
100m	2.	1:35.10	139	1:23.00	76%

, 2016 (9),
50m , 2014 (11),

50m	5.	49.81	97	55.59	125%
50m	4.	53.18	107	53.60	102%
100m	2.	1:52.29	116	1:59.46	113%
100m	2.	2:27.86	55	2:29.53	102%

, 2015 (10),
50m , 2014 (11),

50m	4.	37.19	159	37.00	99%
50m	2.	43.22	133	41.00	90%

, 2014 (11),
50m , 2014 (11),

50m	3.	35.99	258	39.01	117%
50m	3.	41.77	198	44.58	114%
100m	2.	1:33.69	219	1:29.00	90%

, 2014 (11),
800m , 2014 (11),

800m	1.	11:46.97	241	11:25.00	94%
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" " .

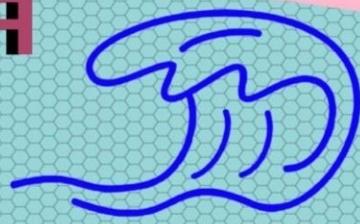
<https://aquaolymp.ru/>

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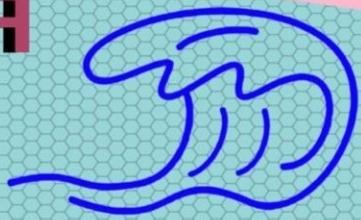
ВОЛНА

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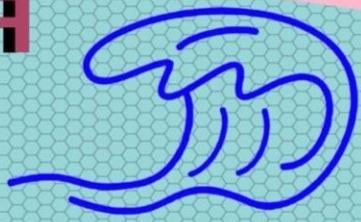
<https://aquaolymp.ru/>

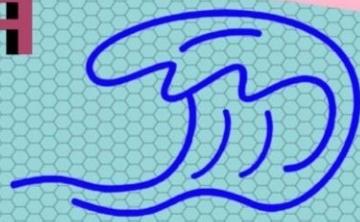
, 06 2025 .

ALT Timing

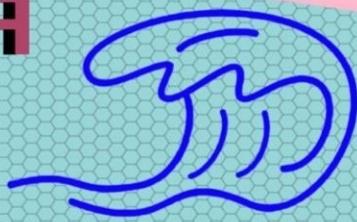
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800m	, 2011 (14),							
	, 2015 (10),	WDR		-	12:35.00			
100m		1.	1:34.63	195	1:40.00		112%	
100m		1.	1:34.18	216	1:39.00		110%	
50m	, 2013 (12),	6.	33.12	225	34.03		106%	
50m	, 2015 (10),	4.	52.69	106	1:06.05		157%	
50m		3.	42.30	135	42.72		102%	
50m	, 2016 (9),	6.	44.20	94	45.41		106%	
50m		3.	49.57	88	56.13		128%	
50m	, 2015 (10),	10.	44.94	90	44.60		98%	
50m		5.	52.71	73	52.60		100%	
50m	, 2016 (9),	8.	44.85	90	45.12		101%	
50m		5.	54.54	66	54.19		99%	
200m	, 2010 (15),	1.	3:03.40	395	3:00.00		96%	
50m	, 2015 (10),	WDR		-	58.00		-	
50m		WDR		-	1:01.55		-	
50m	, 2012 (13),	2.	34.10	259	NT		-	
" "							3	
50m	, 2014 (11),	4.	41.10	118	42.00		104%	
50m	, 2013 (12),	10.	51.95	58	1:08.58		174%	
50m		4.	2:32.80	31	3:01.23		141%	
" "	, 2017 (8),	5.	1:31.90	10	1:40.00		118%	
50m		2.	1:35.25	12	2:00.00		159%	
" "	, 2014 (11),	6.	50.05	65	50.00		100%	
50m		4.	1:06.55	36	55.00		68%	
50m	, 2009 (16),	2.	33.32	221	32.00		92%	
50m		4.	42.48	202	42.00		98%	
50m		1.	41.14	147	37.00		81%	
50m	, 2017 (8),	3.	50.63	92	52.00		105%	
50m		2.	56.97	87	56.00		97%	
50m	100m	1.	2:05.43	83	2:00.00		92%	
50m	, 2010 (15),	1.	35.62	356	34.80		95%	
100m		2.	1:15.66	381	1:14.81		98%	
100m		4.	1:20.24	349	1:19.00		97%	



50m		, 2013 (12),				
200m			1.	51.32	119	45.00
50m			2.	3:33.96	248	3:30.00
			1.	52.62	99	45.00
		, 2017 (8),				
50m			5.	53.29	79	55.00
50m			4.	1:04.47	60	1:00.00
		, 2012 (13),				
50m			4.	33.58	216	32.00
50m			3.	44.74	120	40.00
50m			5.	42.95	129	37.00
		, 2016 (9),				
50m			2.	39.27	135	38.50
100m			2.	1:45.54	96	1:40.00
100m			5.	1:52.49	84	1:45.00
		, 2011 (14),				
50m			9.	37.17	159	40.00
		, 2011 (14),				
50m			4.	37.21	234	35.00
50m			4.	40.68	215	40.00
100m			7.	1:37.19	196	1:35.00
		, 2017 (8),				
50m			6.	58.26	60	53.10
		, 2013 (12),				
50m			2.	38.40	212	39.29
50m			2.	48.58	199	45.10
100m			3.	1:38.06	191	1:41.15
		, 2014 (11),				
50m			5.	41.20	117	44.00
50m			3.	48.26	96	50.00
		, 2011 (14),				
50m			5.	40.22	185	40.00
50m			2.	53.46	149	48.00
50m			5.	49.39	120	50.00
		, 2006 (19),				
50m			EXH	26.14	458	25.51
50m			EXH	30.36	386	30.00
50m			EXH	27.47	496	26.47
"	"					
"	"					
		, 2016 (9),				
800m			1.	12:53.11	184	12:23.00
		, 2012 (13),				
50m			WDR		-	30.90
100m			WDR		-	1:20.00
		, 2012 (13),				
50m			2.	31.52	384	31.90
100m			2.	1:17.49	387	1:17.70
		, 2013 (12),				
50m			5.	43.48	125	44.00
100m			2.	1:29.24	168	1:32.70
		, 2015 (10),				
800m			3.	12:48.16	188	16:24.00
200m			1.	3:39.35	164	3:57.00

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ВОЛНА

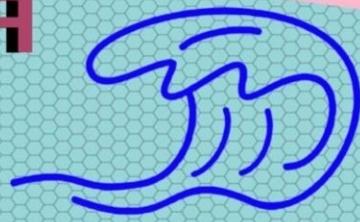
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50m			4.	28.76	344	27.67
200m			1.	2:51.73	342	2:45.00
100m			5.	1:11.76	323	1:10.00
						93%
						92%
						95%
						-
800m			1.	10:05.46	490	9:40.00
100m			2.	1:15.66	416	1:13.00
						92%
						93%
						-
50m				WDR		35.00
50m				WDR		40.00
50m				WDR		46.00
50m				WDR		44.66
						-
800m			4.	12:51.81	185	14:26.00
200m			1.	3:41.07	160	3:51.60
100m			5.	1:26.96	181	1:29.20
						126%
						110%
						105%
						-
50m			8.	35.33	185	39.00
50m			4.	43.31	126	41.00
						122%
						90%
						-
						3
						1
50m			9.	40.05	127	41.04
						105%
						-
50m			3.	43.56	276	42.00
100m			10.	1:33.75	219	1:29.00
						93%
						90%
						-
50m			6.	35.64	266	41.00
100m			11.	1:36.37	201	1:35.00
						132%
						97%
						-
50m			1.	40.42	345	39.53
100m			3.	1:19.34	361	1:20.00
						96%
						102%
						-
50m			1.	30.81	531	30.36
100m			1.	1:05.95	417	1:05.09
						97%
						97%
						-
50m			1.	35.58	506	34.19
200m			1.	2:47.09	522	2:46.00
						92%
						99%
						-
50m			11.	48.61	71	47.77
						97%
"	"	()			
						1
						1
100m						103%
"	"					
						1
						1
50m			2.	42.78	291	43.00
50m			3.	38.20	259	37.00
100m			3.	1:21.08	338	1:20.00
						101%
						94%
						97%
						-
						1
						1
800m			1.	10:39.42	326	11:00.06
						107%

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800m	, 2013 (12),		2.	11:00.38	377	11:11.00		103%	1
	, 2014 (11),								2
50m		1.		33.92	308	34.57		104%	
50m		2.		38.92	245	43.78		127%	
	, 2015 (10),								1
800m	, 2013 (12),		2.	12:23.37	264	13:15.00		114%	
800m	, 2012 (13),		2.	10:50.55	310	10:58.50		102%	
800m	, 2015 (10),		1.	10:42.98	321	11:19.00		112%	
50m		WDR			-	36.34		-	
800m		4.		13:19.71	167	16:00.00		144%	
50m		WDR			-	40.00		-	
100m		WDR			-	1:40.00		-	
	, 2014 (11),								2
100m		1.		1:20.34	318	1:23.00		107%	
50m		1.		35.72	317	35.00		96%	
100m		1.		1:18.67	370	1:19.00		101%	
	, 2014 (11),								1
800m		3.		11:53.62	235	12:45.00		115%	
800m	, 2015 (10),		1.	11:49.90	238	12:10.00		106%	
	, 2013 (12),		3.						-
800m									
	, 2015 (10),		1.						
800m									
"	"								6
50m	, 2017 (8),		3.	47.49	76	45.00		90%	
	, 2013 (12),								3
50m		1.		41.64	316	42.50		104%	
200m		1.		3:17.19	317	3:20.00		103%	
100m		1.		1:20.09	351	1:20.50		101%	
	, 2017 (8),								1
50m		2.		45.25	130	47.45		110%	
100m		1.		1:58.69	107	1:53.44		91%	
	, 2012 (13),								2
50m		7.		34.40	201	36.00		110%	
100m		4.		1:26.89	182	1:30.00		107%	
	, 2012 (13),								-
50m		3.		32.63	235	32.00		96%	
50m		3.		35.68	226	35.00		96%	
100m		3.		1:21.50	221	1:21.00		99%	
"	" (-)								-
	, 2016 (9),								-
50m		WDR			-	38.52		-	
50m		1.		44.47	183	43.35		95%	
50m		1.		49.52	188	48.81		97%	
200m		1.		4:04.17	167	3:53.16		91%	
									2
	, 2012 (13),								1
50m		7.		36.84	241	37.63		104%	
200m		2.		3:26.22	277	3:24.17		98%	

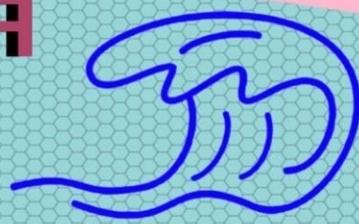
<https://aquaolymp.ru/>

, 06 2025 .

ALT Timing

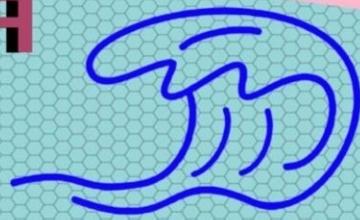
ВОЛНА

06.12.2025 – 2 этап



ПОБЕДНАЯ ВОЛНА

06.12.2025 - 2 этап



	, 2014 (11),						2
50m		2.	34.88	193	38.12	119%	
100m		1.	1:29.63	166	1:40.00	124%	
	, 2014 (11),						3
50m		4.	36.16	254	36.38	101%	
50m		1.	42.46	210	43.27	104%	
50m		1.	44.51	258	47.56	114%	